

# SUSTAGEN Diabetic 400g can change to NUTREN Diabetes 400g can

## Frequently asked questions



### General

#### Has the recipe changed between NUTREN Diabetes and SUSTAGEN Diabetic?

No, the recipe remains the same.

#### Is there a change in taste with the brand name change?

There has been no change in the taste.

#### Why has the brand name changed from SUSTAGEN to NUTREN?

The change in brand name reflects our commitment to focus on delivering nutritional solutions to improve the quality of life for people with diabetes. To build a brand that people will recognise and trust. It is also a brand that is globally available and recognised.

#### Has the manufacturer changed?

No, the manufacturer has not changed, it is still manufactured in Konolfingen, Switzerland.

#### Why has the recipe changed for the liquid (RTD) but not for the powder?

We are changing manufacturing plant for the liquid (RTD), so this has been an opportunity to change the recipe and taste. The manufacturer for the powder is remaining the same, so no change is being made to the recipe or taste.

#### Will there be a larger can size in addition to the 400g?

Yes. From June 2021, NUTREN Diabetes will also be available in a 770g can size.

#### What is the glycemic index (GI) of NUTREN Diabetes?

The glycemic index of NUTREN Diabetes powder is 34 (low).

#### Is NUTREN Diabetes suitable for enteral / tube feeding?

NUTREN Diabetes liquid can be used for enteral / tube feeding.

#### What is the minimum age that NUTREN Diabetes powder can be used?

NUTREN Diabetes powder is only suitable from 4 years of age.

#### Where can NUTREN Diabetes be purchased?

NUTREN Diabetes powder is available in pharmacies and from local distributors.

#### How much does NUTREN Diabetes cost?

Please refer to your local pharmacy for the powder, and your local distributor for the liquid and powder (if prefer to purchase in bulk).

### Nutrition & Ingredients

#### Is NUTREN Diabetes nutritionally complete?

Yes. NUTREN Diabetes is nutritionally complete.

#### Is NUTREN Diabetes Halal certified?

Yes. NUTREN Diabetes is Halal certified.

#### Is NUTREN Diabetes Kosher certified?

No. NUTREN Diabetes is not Kosher certified.

#### Is NUTREN Diabetes suitable for someone who is Vegan?

No. NUTREN Diabetes contains milk. It is only suitable for vegetarians who consume dairy products as part of their diet (i.e. Lacto-ovo and Lacto Vegetarians).

#### What types of fibre are used in NUTREN Diabetes?

Both powder and liquid NUTREN Diabetes contain partially hydrolysed guar gum, fructo-oligosaccharides (FOS), inulin and acacia gum.

#### How much fibre does NUTREN Diabetes contain per serve?

4.79g fibre/serve (1.91g fibre per 100mL).

#### Does NUTREN Diabetes contain fructose?

There is no added fructose, however there are added fructo-oligosaccharides (FOS - a prebiotic fibre) which is not appropriate for fructose malabsorption.

#### Does NUTREN Diabetes contain any preservatives?

No. There are no preservatives.

#### Does NUTREN Diabetes contain artificial flavours?

Yes. NUTREN Diabetes contains both natural and artificial flavours.

#### Does NUTREN Diabetes contain any artificial sweeteners?

Yes. NUTREN Diabetes contains potassium acesulfame.

#### Are there any GM (Genetically Modified) ingredients in NUTREN Diabetes?

No. NUTREN Diabetes products do not contain GM ingredients.

#### Does NUTREN Diabetes contain high-fructose corn syrup?

No. Nestlé Health Science products in Australia do not contain high-fructose corn syrup.

### Allergens & Intolerances

#### Does NUTREN Diabetes contain milk or other dairy ingredients?

Yes. NUTREN Diabetes contains dairy ingredients (powder = whey and potassium caseinate, liquid = milk protein and caseinates).

#### Is NUTREN Diabetes lactose free?

NUTREN Diabetes contains small amounts of lactose (powder = less than 0.28g per serve when made with water, and liquid = less than 1g per serve).

#### Is NUTREN Diabetes gluten free?

There are no gluten containing ingredients in NUTREN Diabetes.

#### Does NUTREN Diabetes powder contain soy?

Yes. NUTREN Diabetes contains soy (soy lecithin).

#### Does NUTREN Diabetes contain nuts?

No. NUTREN Diabetes does not contain nuts.

#### Does NUTREN Diabetes contain egg?

No. NUTREN Diabetes does not contain egg.

#### Does NUTREN Diabetes contain fish?

No. NUTREN Diabetes does not contain fish.

# SUSTAGEN Diabetic 237mL Tetra Pak change to NUTREN Diabetes 200mL bottle RTD

## Frequently asked questions



### General

#### What is the difference in recipe between SUSTAGEN Diabetic and NUTREN Diabetes?

NUTREN Diabetes is still low GI (33) and contains 27 vitamins and minerals, but compared to the original recipe contains 31% more protein per serve (14g) and 48% less fat per serve (5.4g).

#### Does NUTREN Diabetes taste the same as SUSTAGEN Diabetic?

The taste is different, but it still tastes great!

#### Who may NUTREN Diabetes be suitable for?

NUTREN Diabetes is an oral nutritional supplement specifically formulated for people with diabetes who are not eating well enough to meet dietary requirements. It contains fibre, has a low glycemic index and provides 1.0 kcal/mL. NUTREN Diabetes provides essential nutrition without negatively impacting blood glucose levels. Use under medical supervision.

#### Is NUTREN Diabetes suitable for enteral / tube feeding?

NUTREN Diabetes liquid can be used for enteral / tube feeding. Use under medical supervision.

#### What is the minimum age that NUTREN Diabetes ready-to-drink (RTD) can be used?

NUTREN Diabetes RTD is only suitable from 3 years of age.

#### Can you consume NUTREN Diabetes when pregnant?

NUTREN Diabetes may be a suitable choice if you have been diagnosed with gestational diabetes and require extra nutrition. We recommend that you seek advice from your healthcare professional so that they can consider your individual circumstances and requirements.

#### Can you consume NUTREN Diabetes while breastfeeding?

In most cases, the consumption of NUTREN Diabetes whilst breastfeeding is suitable and the additional nutritional intake is beneficial. However, it is recommended that you check with your healthcare professional prior to taking this product to check that it is suitable.

#### Is it OK to have NUTREN Diabetes whilst on Warfarin?

NUTREN Diabetes contains approximately 12 micrograms of vitamin K per serve. This is not considered to be a high quantity

of vitamin K, and therefore should not interfere with Warfarin. However, it is important that a patient on Warfarin understands how a fluctuating vitamin K intake may affect Warfarin absorption, and therefore patients on Warfarin must speak with their healthcare professional (doctor/dietitian) if concerned regarding their vitamin K intake.

#### Is NUTREN Diabetes Halal certified?

Yes. NUTREN Diabetes ready-to-drink is Halal certified.

#### Is NUTREN Diabetes Kosher certified?

No. NUTREN Diabetes is not Kosher certified.

#### How long can NUTREN Diabetes liquid be kept once opened?

NUTREN Diabetes must be consumed within 6 hours if kept at room temperature and 24 hours if refrigerated.

#### Where is NUTREN Diabetes ready-to-drink produced?

Cruelly, France.

#### How much does NUTREN Diabetes cost?

Please check with your local distributor for bulk purchases of NUTREN Diabetes liquid or your local pharmacist (if they stock this product or can order it for you).

#### Where can NUTREN Diabetes be purchased?

NUTREN Diabetes liquid availability is greater through a distributor, however some pharmacies may stock it or be able to get it in for you on request.

### Nutrition & Ingredients

#### Is NUTREN Diabetes nutritionally complete?

Yes. NUTREN Diabetes is nutritionally complete.

#### What types of fibre are used in NUTREN Diabetes?

NUTREN Diabetes fibre source is a combination of Partially Hydrolysed Guar Gum (PHGG), Acacia gum, Fructo-oligosaccharide and Inulin.

#### How much fibre does NUTREN Diabetes contain per serve?

4g fibre/serve (2g fibre per 100mL).

#### Are there any GM (Genetically Modified) ingredients in NUTREN Diabetes?

No. NUTREN Diabetes does not contain GM ingredients.

#### Are there any salicylates in NUTREN Diabetes?

No. NUTREN Diabetes does not contain added salicylates.

#### Does NUTREN Diabetes contain high-fructose corn syrup?

No. Nestlé Health Science products in Australia do not contain high-fructose corn syrup.

#### Does NUTREN Diabetes contain fructose?

There is no added fructose, however NUTREN Diabetes contains fructo-oligosaccharides (FOS - a prebiotic fibre) which is not appropriate for a low FODMAP diet.

#### Does NUTREN Diabetes contain caffeine?

No. NUTREN Diabetes does not contain caffeine.

#### Does NUTREN Diabetes contain vegetable oil?

Yes. NUTREN Diabetes contains rapeseed oil.

#### Does NUTREN Diabetes contain any preservatives?

No. NUTREN Diabetes does not contain preservatives.

#### Does NUTREN Diabetes contain artificial flavours?

Yes. NUTREN Diabetes contains both natural and artificial flavours.

#### Does NUTREN Diabetes contain any artificial sweeteners?

Yes. NUTREN Diabetes contains potassium acesulfame.

#### Does NUTREN Diabetes contain iodine?

Yes. NUTREN Diabetes liquid contains 20 micrograms (µg) iodine/serve.

### Allergens & Intolerances

#### Does NUTREN Diabetes contain milk or other dairy ingredients?

Yes. NUTREN Diabetes contains dairy ingredients, milk protein and caseinates.

#### Is NUTREN Diabetes lactose free?

NUTREN Diabetes contains small amounts of lactose (less than 1g per serve).

#### Is NUTREN Diabetes gluten free?

There are no gluten containing ingredients in NUTREN Diabetes.

#### Does NUTREN Diabetes RTD contain soy?

No. NUTREN Diabetes RTD does not contain soy.

#### Does NUTREN Diabetes contain nuts?

No. NUTREN Diabetes does not contain nuts.

#### Does NUTREN Diabetes contain egg?

No. NUTREN Diabetes does not contain egg.

#### Does NUTREN Diabetes contain fish?

No. NUTREN Diabetes does not contain fish.

SUSTAGEN Diabetic and NUTREN Diabetes are food for special medical purposes specifically formulated for the dietary management of people with diabetes who cannot meet their nutritional needs through diet modification alone. Must be used under medical supervision. Suitable for use as a sole source of nutrition.

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