

preload™

Description

A food for special medical purposes

Preload is a powdered neutral-tasting carbohydrate loading drink mix for the pre-operative dietary management of patients undergoing surgery.

Indications

Preload is for use in the pre-operative carbohydrate loading of surgical patients.

Dosage and Administration

To be determined by the Healthcare Professional and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines

Step 1 Measure out 400ml of water using a measuring jug.

Step 2 Add the contents of 1 sachet of Preload into the measuring jug, stirring continuously until dissolved.

Step 3 Pour into a large glass/beaker and drink.



When to take Preload

Each hospital may have their own specific recommended time to take Preload.

The following times are a guide only:

Evening before surgery

- Take 2 sachets of Preload.



Morning of surgery

- Take 1 sachet of preload.



Can be used up to 2 hours before surgery.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Not suitable for children under 3 years of age.

Not for use as a sole source of nutrition.

For enteral use only.

PRECAUTIONS

Use with caution in the following:

- Children
- Patients with Diabetes Mellitus
- Patients with delayed gastric emptying.

Nutritional Information		Per 100g	Per 50g (1 sachet)
Energy	kJ	1615	808
		kcal	380
Fat	g	0	0
of which saturates	g	0	0
Carbohydrate	g	95	47.5
of which sugars	g	9.0	4.5
Protein	g	0	0
Salt	g	<0.05	<0.03
Sodium	mg	<20	<10
	mmol	<0.9	<0.4

Osmolality

1 sachet (50g) + 400ml water
(standard dilution) = 135 mOsm/kg

Storage

Store in a cool, dry place.

Each sachet is intended as a single dose and should be mixed with water when opened. Reconstituted powder that is not intended for immediate consumption should be refrigerated and used within 24 hours.

Pack Size / Weight

Home patient pack -

3 x 50g e sachets - 150g

Hospital pack -

90 x 50g e sachets - 4.5kg

Shelf Life

24 months

