

# FruitiVits®

ACBS  GMS  PBS

## Description

### Food for special medical purposes.

FruitiVits® is a low carbohydrate, orange flavoured, powdered vitamin, mineral and trace element supplement. With sweeteners.

## Indications

FruitiVits is for the dietary management of conditions requiring restricted therapeutic diets from 3 years of age onwards.

## Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

## Preparation Guidelines

Dissolve each 6g sachet of FruitiVits into a minimum of 60ml water or permitted fluid.

1



Pour a minimum of 60ml of permitted fluid into the beaker.

2



Add the contents of the sachet. Secure the lid and shake well for 10 seconds

3



Consume immediately

## IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from 3 years of age onwards.

Not for use as a sole source of nutrition.

For enteral use only.

## Nutritional Information

		per 100g	per 6g sachet		per 100g	per 6g sachet
Energy	kJ	168	10	Sodium	mg	45
	kcal	40	2.4		mmol	1.9
Fat	g	0	0	Chloride	mg	20
	of which saturates	g	0		mmol	0.56
Carbohydrate	g	8.3	0.5	Potassium	mg	180
	of which sugars	g	0.5		mmol	4.5
Fibre	g	3.3	0.2	Calcium	mg	13400
Protein	g	0	0	mmol	335	20
Salt	g	0.11	0.01	Phosphorus	mg	8367
<b>Vitamins and minerals</b>				mmol	268	16
Vitamin A (RE)	µg	8333	500	Magnesium	mg	3350
Vitamin D	µg	250	15	mmol	137	8.2
Vitamin E (α TE)	mg	155	9.3	Iron	mg	167
Vitamin K	µg	1000	60	Zinc	mg	167
Vitamin C	mg	667	40	Copper	mg	17
Thiamin	mg	20	1.2	Iodine	µg	2817
Riboflavin	mg	23	1.4	Selenium	µg	683
Vitamin B6	mg	28	1.7	Manganese	mg	25
Niacin	mg	250	15	Chromium	µg	683
Folic acid	µg	4000	240	Molybdenum	µg	1133
Vitamin B12	µg	47	2.8	Choline	mg	4167
Pantothenic acid	mg	78	4.7			
Biotin	µg	1867	112	<b>Osmolality:</b>		
				1 sachet (6g) + 60ml water = 275 mOsmol/Kg		

### Storage

Store in a cool, dry place.

Sachets are designed for single use and it is recommended that contents are used immediately once opened.

If less than one full sachet is required, any unused powder must be tightly sealed, and used within 24 hours.

### Pack Size/Weight

30 x 6g e sachets = 180g

### Starter pack

10 x 6g e sachets = 60g

1 measuring beaker

### Flavour

Orange.

