RESOURCE® 2.0+ Fibre - Coffee, Vanilla, Neutral



SIZE: Carton contains 24 x 200ml bottles

Available in 4 flavours

- Coffee flavour
- Neutral flavour
- Vanilla flavour
- Strawberry flavour

Note: RESOURCE® 2.0+ Fibre – Coffee, Vanilla, Neutral are the only options within this range that are vegetarian. For product information on Strawberry flavour please click here.

RESOURCE ® 2.0 + Fibre is an energy-dense, high protein supplement which is low in sodium, with added fibre. It is suitable for oral or tube feed use and provides 2.0kcal/mL.

It is nutritionally complete high energy, high protein food with added fibre for special medical purposes. Suitable for use as a sole source of nutrition. Suitable for children over the age of 3 years.

For oral or enteral use (to be administered with a suitable diameter tube size). To minimise the risk of tube blockage, we recommend shaking bottles vigorously before feeding and ensuring that tubes are flushed thoroughly after use, in line with best clinical practice. If tubes are flushed well, particularly when the feeding tube is being used to deliver medications, the risk of blockage is low. Using RESOURCE ® 2.0 + Fibre as a tube feed is at the clinical discretion of the HCP. We recommend HCP's educate their patients to follow best practices guidelines in terms of tube flushing.

RESOURCE ® 2.0 + Fibre is a food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

Features and Clinical Indications

Energy Density = 2.0 kcal/ml = 8.4 kJ/ml

Energy Distribution
- Protein 18% (Milk protein)
- Carbohydrate 40%
- Fat 39%

Dietary Fibre (Soluble) = FOS & GOS

Osmolality (Vanilla, Coffee) = 743 mOsm/kg water
Osmolality (Neutral) = 671 mOsm/kg water

Osmolarity (Vanilla, Coffee) = 520 mOsm/L
Osmolarity (Neutral) = 470 mOsm/L

Water Content = 138ml / 200ml

Suitable for Vegetarians (Only Coffee, Vanilla and Neutral)
Halal Certified
Nutritionally Complete
Sole Source of Nutrition
No Egg Containing Ingredients
No Fish Containing Ingredients
No Soy Containing Ingredients
Does Not Contain Gluten
Contains Dairy

Usage

SHAKE WELL BEFORE OPENING

DIRECTIONS FOR ORAL USE

Best served chilled.

Once open, recap, refrigerate and use within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

RECOMMENDED DOSAGE: ADULTS: 1-3 servings per day as a supplement or as recommended by a healthcare professional if used as a sole source of nutrition.

Storage: Unopened, store in a cool dry place.

Ingredients

Vanilla Flavour: Water, Glucose Syrup, **Milk** Proteins, Rapeseed Oil, Fibres [Galacto-Oligosaccharides (contains **milk**), Fructo-oligosaccharides], Sucrose, Minerals (Sodium Citrate, Potassium Citrate, Potassium Chloride, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Magnesium Oxide, Magnesium Citrate, Sodium Selenate, Ferrous Sulphate, Sodium Chloride, Zinc Sulphate, Calcium Citrate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride), Emulsifiers (E472e, E471), Flavouring, Vitamins (C, E, Niacin, Pantothenic Acid, B6, Thiamin, Riboflavin, A, Folic Acid, K, Biotin, D), Acidity Regulators (E525, E330), Stabiliser (E418).

Contains Milk.

Coffee Flavour: Water, glucose syrup, **milk** proteins, rapeseed oil, fibres [galactooligosaccharides (contains **milk**), fructo-oligosaccharides], sucrose, minerals (sodium citrate, potassium citrate, potassium chloride, sodium chloride, magnesium oxide, magnesium citrate, ferrous sulphate, sodium fluoride, zinc sulphate, calcium citrate, manganese sulphate, copper sulphate, chromium chloride, sodium molybdate, potassium iodide, sodium selenate), emulsifiers (E471, E472e), colour (E150c), vitamins (C, E, D, A, niacin, pantothenic acid, B6, thiamin, riboflavin, folicacid,K, biotin), acidity regulators (E525, E330), stabiliser (E418), flavourings.

Contains milk.

Neutral Flavour: Water, glucose syrup, **milk** proteins, rapeseed oil, fibres [galacto-oligosaccharides (contains **milk**), fructo-oligosaccharides], minerals (sodium citrate, potassium citrate, potassium chloride, magnesium oxide, magnesium citrate, ferrous sulphate, sodium chloride, zinc sulphate, calcium citrate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, sodium molybdate, potassium iodide, sodium selenate),emulsifiers (E472e, E471), vitamins (C, E, niacin, pantothenic acid, B6, thiamin, riboflavin, A, folic acid, K, biotin, D), flavourings, acidity regulators (E525, E330), stabiliser (E418).

Contains milk.

Nutritional Information

RESOURCE® 2.0 + Fibre Coffee Flavour Bottle
Servings Per Pack: 4 Serving Size: 200ml (Bottle)

	Average Quantity per 100ml	Average Quantity per 200ml
Energy	200 kcal	400 kcal
	835 kJ	1670 kJ
Protein	9 g	18.0 g
Fat-total	8.7 g	17.4 g
- Saturated	0.7 g	1.4 g
- Polyunsaturated	2.3 g	4.6 g
- Monounsaturated	5.0 g	10.0 g
Carbohydrate	20 g	40.0 g
- Sugars	6.0 g	12.0 g
- Lactose	<1.0 g	<2.0 g
Dietary Fibre	2.5 g	5.0 g
Sodium	100 mg	200 mg
Vitamin A	165 µgRE	330 µgRE
Vitamin B1 (Thiamin)	0.2 mg	0.4 mg
Vitamin B2 (Riboflavin)	0.22 mg	0.44 mg
Niacin	3.0 mgNE	6.0 mgNE
Folate	40.0 µg	80.0 µg
Vitamin B6	0.35 mg	0.7 mg

	Average Quantity per 100ml	Average Quantity per 200ml
Vitamin B12	0.4 µg	0.8 µg
Biotin	7.0 µg	14.0 µg
Pantothenic Acid	0.88 mg	1.76 mg
Vitamin C	17.0 mg	34.0 mg
Vitamin D	1.8 µg	3.6 µg
Vitamin E	4.0 mg	8.0 mg
Vitamin K	14.0 µg	28.0 µg
Zinc	1.7 mg	3.4 mg
Calcium	190 mg	380 mg
Iron	1.5 mg	3.0 mg
Iodine	20.0 µg	40.0 µg
Magnesium	20.0 mg	40.0 mg
Manganese	0.32 mg	0.64 mg
Molybdenum	15 µg	30.0 µg
Phosphorus	130 mg	260 mg
Selenium	12 µg	24 µg
Copper	0.20 mg	0.40 mg
Chloride	110 mg	220 mg
Potassium	210 mg	420 mg
Chromium	6.5 µg	13.0 µg
Fluoride	0.15 mg	0.30 mg

All specified values are averages