# IMPACT® Advanced Recovery




## Overview

SIZE: 250ml brick (Carton contains 10 x 250ml bricks) Available in 1 flavour - Vanilla

IMPACT Advanced Recovery is an immunonutrition drink that supports recovery from major surgery.

Clinical trials have demonstrated that patients fed IMPACT® formula prior to major-elective surgery have better clinical outcomes including fewer post operative infections and shorter hospital stays than those patients who did not (1)

## Clinical Features & Indications

• Suitable for oral use and provides 1.1 kcal/ml.

• Impact Advance Recovery® Drink contains a unique blend of immunonutrients (arginine, omega-3 fatty acids and dietary nucleotides) specially formulated to meet the unique nutritional needs of patients at risk of infection associated with major surgery.

• Energy Density = 1.1 kcal/ml = 4.7 kJ/ml

• Energy Distribution - Protein 37% (Sodium caseinate, calcium caseinate and L-arginine (6.6g per 250ml serve)) · Carbohydrate 28% - Fat 35%

• Osmolality = 704 mOsm/kg water

• Water Content = 81g/100ml

• Nutritionally Complete

• No Gluten Containing Ingredients

• Contains Dairy

• Contains Soy

Reference (1): Waitzberg DL et al. Postsurgical Infections are Reduced with Specialized Nutrition Support. World J Surgery 2006:30(8):1592-1604

## Usage

IMPORTANT NOTICE: Not suitable for people with galactosemia.

• Unless directed otherwise by your healthcare professional, consume 2 servings per day for 5 days before surgery, in addition to your normal diet.

• IMPACT Advanced Recovery is a food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met by diet modification alone. Must be used under the supervision of a healthcare professional.

• CLINICAL INDICATIONS: Prior to, or after major surgery.

• SHAKE WELL BEFORE OPENING.

• Chill before serving.

• Once opened, reclose, refrigerate, and use within 24 hours.

• Unless directed by your healthcare professional, consume 2 servings per day for 5 days before surgery and for at least 5 days after surgery, in addition to your normal diet.

• Storage: When unopened, store in a cool dry place. Do not freeze or store at high temperatures.

## Ingredients

Vanilla Flavour: Water, Sugar, Calcium Caseinate (Milk), Sodium Caseinate, L-arginine, Refined Fish Oil (Anchovy, Sardine), and less than 2% of Corn Oil, Citric Acid, Medium Chain Triglycerides, RNA Sodium Salt, Potassium Citrate, Potassium Chloride, Calcium Phosphate, Cellulose Gel and Gum, Magnesium Phosphate, Salt, Magnesium Chloride, Sodium Ascorbate, Choline Chloride, Natural & Artificial Flavour, Sucralose, Carrageenan, Zinc Sulphate, Ferrous Sulphate, D-Alpha-Tocopherol, DI-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Copper Gluconate, Manganese Sulphate, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Vitamin A Palmitate, Theamine Hydrochloride, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Vitamin K1, Biotin, Vitamin D3, Vitamin B12.

Contains Milk ingredients. IMPACT Advanced Recovery contains fish oil that is highly refined so does not contain fish allergens.

## Nutritional Information

| IMPACT® Advanced Recovery<br>Servings Per Brick: 1Serving Size: 250mL | Average Quantity Per250mL Serve | Average Quantity Per100mL |
|---|---|---|
| Energy (kcal) | 280 | 112 |
| Total Fat (g) | 11 | 4.4 |
| MCT (g) | 1.8 | 0.72 |
| Sodium (mg) | 270 | 108 |
| Total Carbohydrate (g) | 20 | 8 |
| Sugars (g) | 18 | 7.2 |
| Protein* (g) | 26 | 10.4 |
| Vitamin D (mcg) | 5.7 | 2.3 |
| Calcium (mg) | 380 | 152 |
| Iron (mg) | 6 | 2.4 |
| Potassium (mg) | 600 | 240 |
| Vitamin A (mcgRE) | 440 | 176 |
| Beta-carotene (mcg) | 870 | 348 |
| Vitamin C (mg) | 75 | 30 |
| Vitamin E (mg) | 14 | 5.6 |
| Vitamin K (mcg) | 33 | 13 |
| Thiamin (mg) | 0.6 | 0.24 |
| Riboflavin (mg) | 0.9 | 0.36 |
| Niacin (mg) | 8 | 3.2 |
| Vitamin B6 (mg) | 0.75 | 0.3 |
| Folic Acid (mcg) | 95 | 38 |
| Vitamin B12 (mcg) | 1.2 | 0.48 |
| Biotin (mcg) | 15 | 6 |
| Pantothenic Acid (mg) | 4.1 | 1.64 |
| Phosphorus (mg) | 350 | 140 |
| Iodine (mcg) | 75 | 30 |
| Magnesium (mg) | 105 | 42 |
| Zinc (mg) | 7.5 | 3 |

| IMPACT® Advanced Recovery<br>Servings Per Brick: 1Serving Size: 250mL | Average Quantity Per250mL Serve | Average Quantity Per100mL |
|---|---|---|
| Selenium (mcg) | 24 | 9.6 |
| Copper (mg) | 0.45 | 0.18 |
| Manganese (mg) | 1 | 0.4 |
| Chromium (mcg) | 18 | 7.2 |
| Molybdenum (mcg) | 22 | 8.8 |
| Chloride (mg) | 600 | 240 |
| Choline (mg) | 120 | 48 |
| Water (mL) | 203 | 81.2 |

*Includes 6.3g L-Arginine per 250mL.

*Includes 2.52g L-Arginine per 100mL.