SUSTAGEN® Hospital Formula

nestlehealthconnect.com.au/products/sustagen-hospital-formula

SIZES:
• 840g Can (Carton contains 6 x 840g Cans)
• 3kg Bags (Carton contains 2 x 3 Bags) Neutral Flavour Only



Available in:
• Coffee flavour
• Neutral
• Banana flavour
• Chocolate flavour
• Strawberry flavour
• Vanilla flavour
• Caramel flavour

SUSTAGEN® Hospital Formula is a high protein, balanced oral supplement providing 0.94 kcal/mL per suggested serve. Each SUSTAGEN® product contains a selected blend of nutrients including protein, vitamins and minerals.

Features & Clinical Benefits

- High in Protein - supports muscle health
- Calcium & Vitamin D: supports bone health
- High in Magnesium: supports energy function
- Vitamin C and Zinc: supports immune function
- Low in fat when made up with water or skim milk
- Low GI
- Gluten Free

Nutritional supplements can only be of assistance where dietary intake is inadequate. Please seek advice on your individual dietary needs from an Accredited Practising Dietitian or your healthcare professional.

SUSTAGEN® Hospital Formula is a formulated meal replacement and cannot be used as a total diet replacement. Consume as part of a varied and balanced diet and healthy lifestyle.

Nutritional Information

- Energy Density = 0.94 kcal/ml = 3.9 kJ/ml
- Energy Distribution- Protein 25% (Non fat milk solids and whole milk powder)
- Energy Distribution- Carbohydrate 69%
- Energy Distribution- Fat 6%
- Osmolality = 745 mOsm/L (Vanilla)
- Osmolality = 788 mOsm/L (Chocolate)
- Osmolality = 740 mOsm/L (Coffee)
- Osmolality = 712 mOsm/L (Banana)
- Osmolality = 746 mOsm/L (Strawberry)
- Osmolality = 720 mOsm/L (Neutral)
- Osmolality = 728 mOsm/L (Caramel)
- Glycaemic index = 54 Low GI (Vanilla)

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- Glycaemic index = 49 Low GI (Chocolate)
- Glycaemic index = 48 Low GI (Coffee)
- Glycaemic index = 46 Low GI (Banana)
- Glycaemic index = 37 Low GI (Strawberry)
- Glycaemic index = 53 Low GI (Neutral)

Features & Clinical Benefits

- Nutritionally Complete
- Gluten Free
- Halal Certified
- Contains Dairy
- May Contains Soy

Usage

To open, remove cap and foil seal.

Mix 3 level scoops* with 200ml water or milk (depending on taste).

Stir before serving. Great chilled or served warm.

Use only enclosed scoop.

* 1 x scoop of SUSTAGEN = 20g.

Note: Do not change proportions. Follow feeding instructions.

All prepared products should be tightly covered and consumed within 4 hours at room temperature or within 24 hours if refrigerated.

Storage: Store in a cool dry place and use within 4 weeks after opening.

Ingredients

Vanilla Non Fat **Milk** Solids (63%), Corn Syrup Solids, Whole **Milk** Powder (7%), Sugar, Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Chromium Trichloride, Sodium Molybdate, Sodium Selenite), Flavour, Vitamins (C, E, Niacinamide, B6, B1, A,B2, Folic Acid, K1, D3, B12).

Contains Milk. May contain Soy.Gluten Free.* GI Value = 54

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Nutritional Information

SUSTAGEN® Hospital Formula Vanilla

Servings Per Pack: 14 Serving Size: 60g

	Average Quantity per Serving (60g with 200ml Water)	Average Quantity per 100g	Average Quantity per 100ml (Made up with Water)	% Daily Intake** per 60g with 200ml Water
Energy	940 kJ / 225 Cal	1570 kJ / 375 Cal	390 kJ / 94 Cal	11%
Protein	13.8 g	23 g	5.8 g	28%
Fat-total	1.5 g	2.5 g	0.6 g	2%
- Saturated	0.96 g	1.6 g	0.4 g	4%
Carbohydrate	39 g	65 g	16.3 g	13%
- Sugars	27 g	45 g	11.3 g	30%
- Lactose	22 g	37 g	9.2 g	
- Added Sugars	5 g	8 g	2.1 g	
Sodium	160 mg	270 mg	67 mg	7%
Potassium	660 mg	1100 mg	275 mg	
Vitamin A	210 µg	350 µg	88 µg	28% RDI*
Thiamin	0.55 mg	0.91 mg	0.23 mg	50% RDI*
Riboflavin	0.85 mg	1.41 mg	0.35 mg	50% RDI*
Niacin	5 mg	8.3 mg	2.1 mg	50% RDI*
Folate	100 µg	170 µg	42 µg	50% RDI*
Vitamin B6	0.8 mg	1.3 mg	0.3 mg	49% RDI*
Vitamin B12	1 µg	1.6 µg	0.4 µg	48% RDI*
Biotin	5 µg	8.3 µg	2.1 µg	17% ESADDI*
Pantothenic Acid	0.8 mg	1.3 mg	0.33 mg	16% ESADDI*
Vitamin C	20 mg	33 mg	8 mg	50% RDI*
Vitamin D	3.6 µg	6 µg	1.5 µg	36% RDI*
Vitamin E	5 mg α-TE	8.3 mg αTE	2.1 mg α-TE	50% RDI*
Vitamin K	27 µg	45 µg	11 µg	34% ESADDI*
Calcium	400 mg	670 mg	170 mg	50% RDI*
Chromium	27 µg	45 µg	11 µg	14% ESADDI*
Copper	0.3 mg	0.6 mg	0.1 mg	11% ESADDI*
Iodine	60 µg	100 µg	25 µg	40% RDI*
Iron	3.6 mg	6 mg	1.5 mg	30% RDI*
Magnesium	96 mg	160 mg	40 mg	30% RDI*
Manganese	0.7 mg	1.1 mg	0.3 mg	13% ESADDI*
Molybdenum	34 µg	56 µg	14 µg	13% ESADDI*
Phosphorus	420 mg	700 mg	180 mg	42% RDI*
Selenium	9 µg	15 µg	3.8 µg	13% RDI*
Zinc	3.6 mg	6 mg	1.5 mg	30% RDI*
Chloride	370 mg	620 mg	160 mg	
Gluten	Nil Detected			

**Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

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*Recommended Dietary Intake(Aust/NZ)

+ESADDI - Estimated Safe and Adequate Daily Dietary Intake

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