

RESOURCE® ULTRA Clear Fruit Beverage

nestlehealthconnect.com.au/products/resource-ultra-clear-fruit-bf

SIZE: 200ml Bricks (Contains 4 bricks per pickup. 6 pickups per carton)

Available in 2 flavours

- Apple flavour
RESOURCE® ULTRA Apple
- Orange flavour
RESOURCE® ULTRA Orange

RESOURCE® ULTRA Clear Fruit Beverage is a 1.5 kcal/mL fruit flavoured, clear fluid supplement. It offers a refreshing alternative to milky supplements and is suitable for clear and free fluid diets. Contains no artificial colours.

In addition to the high 1.5kcal/ml content RESOURCE® ULTRA Clear Fruit Beverage also contains a high quantity (14g per serve) of high quality 100% whey protein.

RESOURCE® ULTRA Clear Fruit Beverage is specifically formulated for the dietary management of malnutrition and other medical conditions with increased nutritional needs that cannot be met through diet modification alone.



RESOURCE® ULTRA Clear Fruit Beverage is a refreshing, fat free supplement that can be incorporated into liquid diets. One bottle (200mL) provides 300 Kcal*, 14g* of protein and is fortified with essential vitamins and minerals. The high-quality, 100% whey protein has an important role in stimulating protein synthesis having a positive effect on sarcopenia, particularly in older and vulnerable adults. (Bauer J et al. 2013).

* Average values

Must be used under medical supervision.

Features and Clinical Indications

Energy Density = 1.5 kcal/ml = 6.3 kJ/ml

Energy Distribution

- Protein 19%
- Carbohydrate 81%
- Fat 0%

Osmolarity = 590 mOsm/L

Water Content = 76ml / 100ml

High in Protein

14g Protein
300 calories per serving
0g Fat

Does not contain Soy
No Gluten Containing Ingredients
Suitable for Vegetarians

Contains Dairy

Usage

RESOURCE ® ULTRA Clear Fruit Beverage is ready to drink and best served chilled. Shake well before opening. Unopened, store in a cool dry place. Once open, recap, refrigerate and use within 24 hours. If poured out of the pack, cover tightly and consume within 6 hours.

Consume between or during meals as a supplement to boost protein and energy intake

Recommended dosage: ADULTS: 1-2 servings per day or as recommended by a healthcare professional depending on patient's medical needs and age.

CHILDREN: Not more than 1 serving per day or as recommended by a healthcare professional.

Important notice: Use under medical supervision. Not suitable as a sole source of nutrition. Suitable for children over the age of 3 years. Not for parenteral use.

Ingredients

ORANGE flavour: Water, glucose syrup, whey protein isolate (milk), sucrose, flavours, vitamins (C, E, niacin, pantothenic acid, B6, B1, A, B2, folic acid, K, biotin, D, B12), antifoaming agent (471), colour (beta-carotene), acidity regulators (525, 330), potassium iodide. Contains Milk.

APPLE flavour: Water, glucose syrup, whey protein isolate (milk), sucrose, vitamins (C, E, niacin, pantothenic acid, B6, B1, A, B2, folic acid, K, biotin, D, B12), antifoaming agent (471), flavours, colour (141), acidity regulators (525, 330), potassium iodide. Contains Milk.

Nutritional Information

RESOURCE® ULTRA Apple and Orange Flavours Servings Per Package: 1 Serving Size: 200mL			
	Unit	Ave Per100 mL	Ave Per 200mL(1 Serving)
Energy	kcal	150	300
	kJ	638	1276
Protein	g	7.0	14
Carbohydrate	g	30.5	61
- Sugars	g	8.5	17
- Lactose	g	<0.5	-
Fat	g	0	0
Phosphorus	mg	115	230
Iodine	µg	16	32
Vitamin A	µg	185	370
Vitamin D	µg	1.8	3.6
Vitamin E	mg	2.2	4.4
Vitamin K	µg	6	12
Vitamin C	mg	16	32
Vitamin B1	mg	0.23	0.46
Vitamin B2	mg	0.2	0.4
Niacin	mg/mg NE	1.0/3.4	2.0/6.8
Vitamin B6	mg	0.3	0.6
Folic acid	µg	40	80
Vitamin B12	µg	0.42	0.84
Biotin	µg	5.5	11

RESOURCE® ULTRA Apple and Orange Flavours Servings Per Package: 1 Serving Size: 200mL			
	Unit	Ave Per100 mL	Ave Per 200mL(1 Serving)
Pantothenic Acid	mg	0.4	0.8

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