

RESOURCE® 2.0

nestlehealthconnect.com.au/products/resource-20



SIZE: 250ml brick. Case contains 24 x 250ml bricks.

Vanilla & Mocha flavours

RESOURCE ® 2.0 is a great tasting nutrient dense supplement providing 2.0kcal/mL. It is nutritionally formulated for the dietary management of individuals with unintended weight loss, malnutrition, for those requiring wound healing or are fluid restricted/volume sensitive. It can be used for medication round*, oral nutrition supplementation and enteral feeding following open system tube feeding guidelines.

*As a medication round, the delicious, creamy flavour helps enhance intake. Whenever medications are taken with food, drug/nutrient interactions should be evaluated by a healthcare professional prior to use.

RESOURCE ® 2.0 is a food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

Features & Clinical Indications

Item	Source wording
Energy Density	2.0 kcal/ml = 8.4 kJ/ml
Energy Distribution	Protein 16% Carbohydrate 43% Fat 41%
Osmolality	820 mOsm/kg water
Osmolarity	520 mOsm/L
Energy per serve	500 kcal per serve
Protein per serve	20g protein per serve

- Suitable for Vegetarians
- Nutritionally Complete
- Contains Dairy
- Contains Soy

Usage

ORAL USE: Chill before serving. Can be consumed directly from the pack or poured into a cup. Once opened, cover, refrigerate and consume within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

TUBE FEEDING: Pour directly into tube feeding container or syringe, as directed by healthcare professional. Ensure appropriate hygiene guidelines are followed. Do not add food or drugs if product is tube fed. Once opened, reclose, refrigerate and consume within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

RECOMMENDED DAILY INTAKE: Up to two packs a day as an oral supplement. Up to five packs a day a sole source of nutrition, or as recommended by a healthcare professional. For medication round, ~60mL four times a day.

STORAGE: Unopened, store in a cool dry place.

IMPORTANT NOTICE: Suitable as a sole source of nutrition. Only suitable from 4 years onwards.

Ingredients

Mocha flavour: Water, Maltodextrin (Corn), Milk Protein (Calcium Caseinate, Sodium Caseinate), Vegetable Oil (Rapeseed), Sucrose, Minerals (Potassium Chloride, Sodium Citrate, Potassium Phosphate, Calcium Citrate, Magnesium Oxide, Calcium Phosphate, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Potassium Iodide, Sodium Selenate, Chromium Chloride, Sodium Molybdate), Caramelised Sugar, Stabilisers (466, 460), Emulsifier (Soy Lecithin), Acidity Regulators (330, 525), Vitamins (C, E, Niacin, Pantothenic Acid, Folic Acid, A, B6, B1, B2, Biotin, K, D, B12), Choline Chloride, Flavour. Contains Milk, Soy.

Vanilla flavour: Water, Maltodextrin (Corn), Milk Protein (Calcium Caseinate, Sodium Caseinate), Vegetable Oil (Rapeseed), Sucrose, Minerals (Potassium Chloride, Sodium Citrate, Potassium Phosphate, Calcium Citrate, Magnesium Oxide, Calcium Phosphate, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Potassium Iodide, Sodium Selenate, Chromium Chloride, Sodium Molybdate), Stabilisers (466, 460), Emulsifier (Soy Lecithin), Acidity Regulators (330, 525), Vitamins (C, E, Niacin, Pantothenic Acid, Folic Acid, A, B6, B1, B2, Biotin, K, D, B12), Choline Chloride, Flavour. Contains Milk, Soy.

Nutritional Information

RESOURCE® 2.0 Mocha & Vanilla flavour

Servings Per Package: 1 Serving Size: 250ml

Nutrient	Avg Qty Per 100mL	Avg Qty Per Unit 250mL
Energy (kJ)	837	2092
Energy (kcal)	200	500
Protein (g)	8	20
Carbohydrate (g) (of which)	21.7	54.1
- Sugars (g)	6	15
- Lactose (g)	<0.5	<1.25
Fat (g) (36% kcal)	9	22.5
- Saturated (g)	0.8	1.9
Sodium (mg)	85	213
Potassium (mg)	215	538
Chloride (mg)	145	363
Calcium (mg)	140	350
Phosphorus (mg)	120	300
Magnesium (mg)	48	120
Manganese (µg)	320	800
Selenium (µg)	10	25
Iron (mg)	2.6	6.5
Copper (mg)	0.26	0.65
Zinc (mg)	2.2	5.5
Iodine (µg)	20	50
Chromium (µg)	5	12.5
Molybdenum (µg)	8	20
Vitamin A (µgRE)	160	400
Vitamin D (µg)	3	7.5
Vitamin E (mg α-TE)	9	22.5
Vitamin K (µg)	16	40
Vitamin C (mg)	60	150
Vitamin B1 (Thiamin) (mg)	0.18	0.45
Vitamin B2 (mg)	0.23	0.58
Niacin (mgNE)	4	10
Vitamin B6 (mg)	0.24	0.6
Folic Acid (µg)	30	75
Pantothenic Acid (mg)	0.75	1.9
Vitamin B12 (µg)	0.45	1.1
Biotin (µg)	4.2	10.5
Choline (mg)	58	145