

RESOURCE® 2.0+ Fibre - Coffee, Vanilla, Neutral

SIZE: Carton contains 24 x 200ml bottles

Available in 4 flavours:

- Coffee flavour
- Neutral flavour
- Vanilla flavour
- Strawberry flavour

Note: RESOURCE® 2.0+ Fibre - Coffee, Vanilla, Neutral are the only options within this range that are vegetarian. For product information on Strawberry flavour please [click here](#).

RESOURCE® 2.0 + Fibre is an energy-dense, high protein supplement which is low in sodium, with added fibre. It is suitable for oral or tube feed use and provides 2.0kcal/mL.

It is nutritionally complete high energy, high protein food with added fibre for special medical purposes. Suitable for use as a sole source of nutrition. Suitable for children over the age of 3 years.

For oral or enteral use (to be administered with a suitable diameter tube size). To minimise the risk of tube blockage, we recommend shaking bottles vigorously before feeding and ensuring that tubes are flushed thoroughly after use, in line with best clinical practice. If tubes are flushed well, particularly when the feeding tube is being used to deliver medications, the risk of blockage is low. Using RESOURCE® 2.0 + Fibre as a tube feed is at the clinical discretion of the HCP. We recommend HCP's educate their patients to follow best practices guidelines in terms of tube flushing.

Clinical Indications

RESOURCE® 2.0 + Fibre is a food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

Features & Clinical Indications

- Energy Density = 2.0 kcal/ml = 8.4 kJ/ml
- Energy Distribution
- Protein 18% (Milk protein)
- Carbohydrate 40%
- Fat 39%
- Dietary Fibre (Soluble) = FOS & GOS
- Osmolality (Vanilla, Coffee) = 743 mOsm/kg water
- Osmolality (Neutral) = 671 mOsm/kg water
- Osmolarity (Vanilla, Coffee) = 520 mOsm/L
- Osmolarity (Neutral) = 470 mOsm/L
- Water Content = 138ml / 200ml
- Suitable for Vegetarians (Only Coffee, Vanilla and Neutral)
- Halal Certified
- Nutritionally Complete
- Sole Source of Nutrition
- No Egg Containing Ingredients
- No Fish Containing Ingredients
- No Soy Containing Ingredients
- Does not contain Gluten
- Contains Dairy

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Usage

SHAKE WELL BEFORE OPENING

DIRECTIONS FOR ORAL USE

Best served chilled. Once open, recap, refrigerate and use within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

RECOMMENDED DOSAGE:

ADULTS: 1-3 servings per day as a supplement or as recommended by a healthcare professional if used as a sole source of nutrition.

Storage:

Unopened, store in a cool dry place.

Ingredients Vanilla Flavour:

Water, Glucose Syrup, Milk Proteins, Rapeseed Oil, Fibres [Galacto-Oligosaccharides (contains milk), Fructo-oligosaccharides], Sucrose, Minerals (Sodium Citrate, Potassium Citrate, Potassium Chloride, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Magnesium Oxide, Magnesium Citrate, Sodium Selenate, Ferrous Sulphate, Sodium Chloride, Zinc Sulphate, Calcium Citrate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride), Emulsifiers (E472e, E471), Flavouring, Vitamins (C, E, Niacin, Pantothenic Acid, B6, Thiamin, Riboflavin, A, Folic Acid, K, Biotin, D), Acidity Regulators (E525, E330), Stabiliser (E418). Contains Milk.

Coffee Flavour:

Water, glucose syrup, milk proteins, rapeseed oil, fibres [galactooligosaccharides (contains milk), fructo-oligosaccharides], sucrose, minerals(sodium citrate, potassium citrate, potassium chloride, sodium chloride, magnesium oxide, magnesium citrate, ferrous sulphate, sodium fluoride, zinc sulphate, calcium citrate, manganese sulphate, copper sulphate, chromium chloride, sodium molybdate, potassium iodide, sodium selenate), emulsifiers (E471, E472e), colour (E150c), vitamins (C, E, D, A, niacin, pantothenic acid, B6, thiamin, riboflavin, folic acid, K, biotin), acidity regulators (E525, E330), stabiliser (E418), flavourings. Contains Milk.

Neutral Flavour:

Water, glucose syrup, milk proteins, rapeseed oil, fibres [galactooligosaccharides (contains milk), fructo-oligosaccharides], minerals (sodium citrate, potassium citrate, potassium chloride, magnesium oxide, magnesium citrate, ferrous sulphate, sodium chloride, zinc sulphate, calcium citrate, manganese sulphate, copper sulphate, sodium fluoride, chromium chloride, sodium molybdate, potassium iodide, sodium selenate), emulsifiers (E472e, E471), vitamins (C, E, niacin, pantothenic acid, B6, thiamin, riboflavin, A, folic acid, K, biotin, D), flavourings, acidity regulators(E525, E330), stabiliser (E418). Contains Milk.

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Nutritional Information

Servings Per Pack: 4 Serving Size:	Average Quantity	
200ml (Bottle)	per 100ml	per 200ml
Energy	200 kcal	400 kcal
	835 kJ	1640 kJ
Protein	9g	18.0 g
200ml (Bottle)	per 100ml	per 200ml
Fat-total	8.7 g	17.4 g
- Saturated	0.7 g	1.4 g
- Polyunsaturated	2.3 g	4.6 g
- Monounsaturated	5.0 g	10.0 g
Carbohydrate	20 g	40.0 g
- Sugars	6.0 g	12.0 g
- Lactose	<1.0 g	<2.0 g
Dietary Fibre	2.5 g	5.0 g
Sodium	100 mg	200 mg
Vitamin A	165 µgRE	330 µgRE
Vitamin B1(Thiamin)	0.2 mg	0.4 mg
Vitamin B2(Riboflavin)	0.22 mg	0.44 mg
Niacin	3.0 mgNE	6.0 mgNE
Folate	40.0 µg	80.0 µg
Vitamin B6	0.35 mg	0.7 mg
Vitamin B12	0.4 µg	0.8 µg
Biotin	7.0 µg	14.0 µg
Pantothenic Acid	0.88 mg	1.76 mg
Vitamin C	17.0 mg	34.0 mg
Vitamin D	1.8 µg	3.6 µg
200ml (Bottle)	per 100ml	per 200ml
Vitamin E	4.0 mgα-TE	8.0 mgα-TE
Vitamin K	14.0 µg	28.0 µg
Zinc	1.7 mg	3.4 mg
Calcium	190 mg	380 mg
Iron	1.5 mg	3.0 mg
Iodine	20.0 µg	40.0 µg
Magnesium	20.0 mg	40.0 mg
Manganese	0.32 mg	0.64 mg
Molybdenum	15 µg	30.0 µg
Phosphorus	130 mg	260 mg
Selenium	12 µg	24 µg
Copper	0.20 mg	0.40 mg
Chloride	110 mg	220 mg
Potassium	210 mg	420 mg

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Servings Per Pack: 4 Serving Size:	Average Quantity	Average Quantity
Chromium	6.5 µg	13.0 µg
Fluoride	0.15 mg	0.30 mg