

# PEPTAMEN® Junior

nestlehealthconnect.com.au/products/peptamen-junior

## PEPTAMEN® Junior



SIZE: 400g Cans (Carton contains 6 x 400g cans).

Available in Vanilla flavour.

PEPTAMEN® Junior is a nutritionally balanced, peptide-based enteral formula for children aged 1-10 years, for the dietary management of gastrointestinal impairment.

It is suitable as a tube or oral feed for children requiring nutritional support. PEPTAMEN® Junior is PBS listed. Suitable for use as a sole source of nutrition.

NOTE: Not indicated for cow's milk protein allergy.

Not indicated for the treatment of intractable childhood epilepsy or cerebrospinal fluid glucose transporter defect requiring a ketogenic diet.

Food for Special Medical Purposes for use under medical supervision.

Not for intravenous use. Only suitable from 1 year onwards. When used as tube feeding, do not add drugs or other foods to the product. Use under medical supervision.

Energy Density = 1.0 kcal/ml = 4.2 kJ/ml

Energy Distribution:

- Protein = 12% (Whey protein peptides)
- Carbohydrate = 54%
- Fat = 34%

Osmolality = 370 mOsm/kg water

Osmolarity = 322 mOsm/L

Water Content = 850ml/1000ml (220g of powder with 850ml water)

### Features

- 100% Whey Protein Peptide Formula
- 13.7g Protein per 100g
- MCT - 51% of MCT per total fat
- Halal Certified
- Nutritionally Complete

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- No Gluten Containing Ingredients
- Contains Dairy
- Contains Soy

## Clinical Indications

Fat malabsorption due to:

- Liver disease
- Short Gut Syndrome
- Cystic Fibrosis
- Gastrointestinal disorders

## Usage

### CONSULT FEEDING TABLE ON THE CAN

Average Scoop Size = 7.9g

Directions for use:

- 1 Wash hands. Follow the dosing table and select the volume to be prepared.
- 2 Measure cooled boiled water and pour into a clean bowl or container.
- 3 Scoop and level the desired amount of powder using the scoop in the tin or weigh in grams. Use only the enclosed scoop.
- 4 Add the powder to the water and immediately stir until well mixed.
- 5 After use, store the scoop inside the can on the lip rim.

All prepared products should be tightly covered and consumed within 6 hours at room temperature or within 24 hours if refrigerated.

**Storage:** Store in a cool dry place and use within 4 weeks of opening.

## Ingredients

**Vanilla Flavour:** Maltodextrin, Hydrolyzed Whey Protein (Cow's **Milk**), Sucrose, Medium Chain Triglycerides, Potato Starch, Vegetable Oils (Low Erucic Acid Rapeseed, Sunflower), Minerals (Calcium Carbonate, Magnesium Chloride, Sodium Chloride, Calcium Chloride, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate), Emulsifier (**Soy** Lecithin E322), Acidity Regulator (Citric Acid E330), Vanilla Flavour, Choline Bitartrate, Vitamins (C, E, Nicotinamide, Calcium Pantothenate, B6, B1, B2, A, Folic Acid, K1, Biotin, D3, B12), Taurine, L-Carnitine. **Contains Milk and Soy.**

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## Nutritional Information

| Nutrition Information              | Unit           | Average quantity per 100g | Average quantity per 1000ml (220g powder + 850ml water) |
|------------------------------------|----------------|---------------------------|---------------------------------------------------------|
| Energy                             | kcal           | 465                       | 1020                                                    |
|                                    | kJ             | 1950                      | 4290                                                    |
| Protein (12% TEI*)                 | g              | 13.7                      | 30                                                      |
| Carbohydrate (54% TEI*)            | g              | 62.8                      | 138                                                     |
| of which                           |                |                           |                                                         |
| - Lactose                          | g              | 0.40                      | 0.88                                                    |
| Fat (34% TEI*)                     | g              | 17.5                      | 39                                                      |
| of which                           |                |                           |                                                         |
| - Saturated fatty acids            | g              | 10.4                      | 23                                                      |
| - Medium chain triglycerides (MCT) | g              | 8.9                       | 20                                                      |
| - Monounsaturated fatty acids      | g              | 2.5                       | 5.5                                                     |
| - Polyunsaturated fatty acids      | g              | 2.4                       | 5.3                                                     |
| of which                           |                |                           |                                                         |
| - Linoleic acid                    | mg             | 2060                      | 4540                                                    |
| - $\alpha$ -linolenic acid         | mg             | 250                       | 550                                                     |
| VITAMINS                           |                |                           |                                                         |
| A                                  | $\mu$ g RE     | 340                       | 748                                                     |
| B1                                 | mg             | 0.57                      | 1.2                                                     |
| B2                                 | mg             | 0.56                      | 1.2                                                     |
| B6                                 | mg             | 0.72                      | 1.6                                                     |
| B12                                | $\mu$ g        | 1.3                       | 2.9                                                     |
| Biotin                             | $\mu$ g        | 7.5                       | 16                                                      |
| C                                  | mg             | 39                        | 86                                                      |
| D                                  | $\mu$ g        | 4.5                       | 9.9                                                     |
| E                                  | mg $\alpha$ TE | 3.2                       | 7.0                                                     |
| Folic Acid                         | $\mu$ g        | 125                       | 275                                                     |
| K                                  | $\mu$ g        | 21                        | 46                                                      |
| Niacin                             | mg / mg NE     | 2.9 / 7.1                 | 6.4 / 16                                                |
| Pantothenic Acid                   | mg             | 2.6                       | 5.7                                                     |
| MINERALS                           |                |                           |                                                         |
| Calcium                            | mg             | 410                       | 902                                                     |
| Chloride                           | mg             | 380                       | 836                                                     |
| Chromium                           | $\mu$ g        | 11                        | 24                                                      |
| Copper                             | mg             | 0.35                      | 0.77                                                    |

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|----------------------------|---------------|---------------------------|---------------------------------------------------------|
| Iodine                     | µg            | 70                        | 154                                                     |
| Iron                       | mg            | 4.4                       | 9.7                                                     |
| Magnesium                  | mg            | 60                        | 132                                                     |
| Manganese                  | µg            | 400                       | 880                                                     |
| Molybdenum                 | µg            | 35                        | 77                                                      |
| Phosphorus                 | mg            | 280                       | 616                                                     |
| Potassium                  | mg            | 610                       | 1340                                                    |
| Selenium                   | µg            | 22                        | 48                                                      |
| Sodium                     | mg            | 310                       | 682                                                     |
| Zinc                       | mg            | 2.7                       | 5.9                                                     |
| OTHER NUTRIENTS            |               |                           |                                                         |
| Choline                    | mg            | 70                        | 154                                                     |
| Taurine                    | mg            | 35                        | 77                                                      |
| L-Carnitine                | mg            | 35                        | 77                                                      |
| Osmolarity                 | mOsm/L        | 322                       |                                                         |
| Osmolality                 | mOsm/kg water | 370                       |                                                         |
| *TEI = Total Energy Intake |               |                           |                                                         |