

NUTREN® Diabetes

nestlehealthconnect.com.au/products/nutren-diabetes

SIZE: 440g Can (Carton contains 12 x 440g Cans)

Available in 1 flavour:

- Vanilla flavour



NUTREN Diabetes is an oral nutritional supplement specifically formulated for people with diabetes. It has a low GI, contains fibre and provides 1.0kcal/ml.

If you have pre-diabetes or diabetes and haven't been eating well, have a poor appetite, or are recovering from illness you may benefit from NUTREN Diabetes.

It provides energy, high quality protein to help maintain muscle mass as well as 27 vitamins and minerals. It contains isomaltulose, a slow-digestible carbohydrate, as well as fibre and whey protein, to help manage blood sugar levels. NUTREN Diabetes is also a great breakfast option to set you up for the day ahead.

NUTREN Diabetes is a food for special medical purposes, specifically formulated for people with diabetes who cannot meet their nutritional needs through diet modification alone. Suitable as a sole source of nutrition. Use under medical supervision.

Features & Clinical Indications

Energy Density = 1.0 kcal/ml = 4.2 kJ/ml

Energy Distribution

- Protein 20% - 50% Whey 50% Caseinate
- Carbohydrate 38% - Corn starcha, Isomaltulose, Glucose Syrup
- Fat 38% - High Oleic Sunflower oil, Low Erucic Acid Rapeseed oil, Sunflower oil
- Dietary Fibre 4% - Partially Hydrolysed Guar Gum, Acacia Gum, Fructo-Oligosaccharide, Inulin

Glycemic Index 37 (Low)

Osmolality 265 mOsm/kg Water

Osmolarity 250 mOsm/L

Clinical indications

People with pre-diabetes, impaired glucose tolerance, diabetes (type 1, type 2 or gestational) that require nutritional support, such as: Poor appetite; Unintentional weight loss; During or recovery from illness or surgery.

Usage

- Wash hands. Follow the dosage table and select the volume to be prepared.
- Measure water and pour into a clean bowl or container.
- Scoop and level the desired amount of powder using the scoop in the tin.
- Add the powder to the water and immediately stir until well mixed.

Total volume		NUTREN®	Water
250 ml	242 kcal	55 g or 8 x scoops	210 ml

Ingredients

Corn Starch, Milk Protein (Whey, Sodium Caseinate), Vegetable Oil (High Oleic Sunflower, Low Erucic Acid Rapeseed, Sunflower), Fibre (Partially Hydrolysed Guar Gum, Acacia Gum, Fructo-Oligosaccharide, Inulin), Isomaltulose, Glucose Syrup, Casein, Mineral (Calcium Carbonate, Potassium Chloride, Sodium Hydrogen Phosphate, Potassium Phosphate, Magnesium Oxide, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenite), Emulsifier (471, 472c, 322), Choline Bitartrate, Inositol, Vitamin (C,E, Niacin, Pantothenic Acid, B6, Thiamin, Riboflavin, A, K, Biotin, Folic Acid, D, B12), Flavour, Sweetener (Potassium Acesulfame), L-Carnitine, Taurine, Antioxidant (307b, 304, 300), Colour (Beta-Carotene).

Contains Milk.

May contain Soy.

Nutritional Information

NUTREN DIABETES 440g

Serving size: 55g

Nutrient	Units	Ave quantity per serve + 210 ml water	%Daily Intake* per serve + 210ml water	Ave quantity per 100 g	Ave quantity per 100 ml (made up with water)
Energy	kJ	1010	12%	1840	404
Energy	kcal	242		439	97
Protein (20%TEI*)	g	12.5	25%	22.8	5.0
Fat, Total (38% TEI*)	g	10.8	15%	19.7	4.3
- Saturated	g	1.07	4%	1.95	0.43
- Monounsaturated	g	5.5		10	2.2
- Polyunsaturated	g	1.76		3.2	0.70
- Trans Fatty Acids	g	0.14		0.25	0.06
Carbohydrate(38%TEI)	g	23.5	8%	42.7	9.4
- Sugars	g	5.2	6%	9.5	2.1
- Lactose	g	<0.28		<0.50	<0.11
Dietary Fibre(4%TEI)	g	4.68	16%	8.5	1.87
Sodium	mg	242	11%	440	97
Vitamin A	µg RE	252	34% RDI†	486	101
Thiamin	mg	0.41	38% RDI†	0.75	0.17
Riboflavin	mg	0.41	24% RDI†	0.75	0.17
Niacin	mgNE	4.1	41% RDI†	7.5	1.7
Folic Acid	µg	83	41% RDI†	150	33
Vitamin B6	mg	0.77	48% RDI†	1.4	0.31
Vitamin B12	µg	1.38	69%RDI†	2.5	0.55
Biotin	µg	9.9	33% ESADDI††	18	4.0
Pantothenic Acid	mg	1.9	39% ESADDI††	3.5	0.8
Vitamin C	mg	39	96% RDI†	70	15
Vitamin D	µg	4.3	43% RDI†	7.8	1.7
Vitamin E	mg TE	7.2	72% RDI†	13	2.9
Vitamin K	µg	25.4	32% ESADDI††	46.3	10.2
Calcium	mg	193	24% RDI†	350	77
Chromium	µg	25.3	13% ESADDI††	46	10.1
Copper	mg	0.45	15% ESADDI††	0.81	0.18
Iodine	µg	37.4	25% RDI†	68	15.0
Iron	mg	3.8	32% RDI†	6.9	1.5
Magnesium	mg	57.8	18% RDI†	105	23.1
Manganese	mg	0.58	12% ESADDI††	1.06	0.23
Molybdenum	µg	22.9	9% ESADDI††	41.6	9.2
Phosphorous	mg	132	13% RDI†	240	53
Selenium	µg	13.8	20% RDI†	25	5.5
Zinc	mg	2.4	20% RDI†	4.4	1.0
Potassium	mg	300		546	120
Chloride	mg	198		360	79
Choline	mg	72		130	29
L-Carnitine	mg	26		48	10
Taurine	mg	21		38	8
Inositol	mg	158		286	63
Gluten	mg	Nil Detected			

*Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs. †RDI: Recommended Dietary Intake (Aust/NZ) ††ESADDI: Estimated safe and adequate daily dietary intake.

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