

NUTREN® Diabetes Ready to Drink

nestlehealthconnect.com.au/products/nutren-diabetes-ready-drink

SIZE: 200ml bottles. (Carton contains 24x 200ml bottles.)

Available in Vanilla flavour



NUTREN Diabetes is a nutritional supplement specifically formulated for people with diabetes. It is high in protein, with fibre, has a low GI and provides 1.0 kcal/mL.

If you have diabetes or pre-diabetes and haven't been eating well, you may benefit from NUTREN Diabetes. It is a nutritious supplement which provides energy, high quality protein, fibre and 27 vitamins and minerals. NUTREN Diabetes has a low Glycaemic Index (33).

NUTREN Diabetes is a food for special medical purposes, specifically formulated for people with diabetes who cannot meet their nutritional needs through diet modification alone. Suitable as a sole source of nutrition. Use under medical supervision.

Features & Clinical Indications

Energy Density = 1.0 kcal/ml = 4.2 kJ/ml

Energy Distribution

- Protein = 28% (Calcium caseinate, milk protein and potassium caseinate)
- Carbohydrate = 44%
- Fat = 24%

Glycaemic Index = 33 (Low GI)

Osmolarity = 218 mOsm/L

Osmolality = 262 mOsm/kg

- Low GI - 33
- 27 Vitamins and Minerals
- Source of Fibre
- 14 gms protein per serve
- Does not contain Soy
- No Gluten containing ingredients
- Suitable for Vegetarians
- Halal Certified

CLINICAL INDICATIONS

People with pre-diabetes, impaired glucose tolerance, diabetes (type 1, type 2 or gestational) that require nutritional support.

Usage

SHAKE WELL BEFORE OPENING

DIRECTIONS FOR ORAL USE

Chill before serving.

Once opened, recap, refrigerate and use within 24 hours. If poured out of the pack, cover tightly and use within 6 hours.

RECOMMENDED DOSAGE: Up to 3 packs a day as an oral supplement. Up to 9 packs a day as a sole source of nutrition, or as recommended by a healthcare professional.

Storage: Unopened, store in a cool dry place.

Ingredients

Vanilla Flavour: Water, Tapioca Dextrin, Milk Proteins (Calcium Caseinate, Milk Protein, Potassium Caseinate), Fibres (Partially Hydrolysed Guar Gum, Acacia Gum, Fructo-Oligosaccharide, Inulin), Vegetable Oil (Rapeseed), Isomaltulose, Minerals (Sodium Citrate, Potassium Chloride, Magnesium Citrate, Calcium Citrate, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Potassium Iodide, Chromium Chloride, Sodium Molybdate, Sodium Selenate), Emulsifier (471), Flavour, Acidity Regulators (524, 330, 525), Vitamins (C, E, Nicotinamide, Pantothenic Acid, B6, B1, B2, A, Folic Acid, K, Biotin, D, B12), Sweetener (Potassium Acesulfame), Stabiliser (407), Colour (Beta-Carotene). Contains Milk.

Nutritional Information

NUTREN Diabetes Ready to Drink

Servings Per Pack: 1 Serving Size: 200ml (Bottle)

Nutrient	Average Quantity per Serving	%DI* per Serving	Average Quantity per 100ml
Energy	840 kJ		420 kJ
	200 Cal		100 Cal
Protein	14.0 g		7.0 g
Fat-total	5.4 g		2.7 g
Carbohydrate	21.8 g		10.9 g
- Sugars	2.8 g		1.4 g
- Starch	17 g		8.4 g
Dietary Fibre	4 g		2 g
Sodium	160 mg		80 mg
Vitamin A	130 µgRE		65 µgRE
Vitamin B1(Thiamin)	0.24 mg		0.12 mg
Vitamin B2(Riboflavin)	0.30 mg		0.15 mg
Niacin	4.4 mgNE		2.2 mgNE
Folic acid	40 µg		20 µg
Vitamin B6	0.4 mg		0.2 mg
Vitamin B12	0.7 µg		0.35 µg
Biotin	5.6 µg		2.8 µg
Pantothenic Acid	0.8 mg		0.4 mg
Vitamin C	14 mg		7 mg
Vitamin D	2 µg		1 µg
Vitamin E	3 mg		1.5 mg
Vitamin K	12 µg		6 µg
Zinc	1.5 mg		0.8 mg
Calcium	160 mg		79 mg
Iron	1.8 mg		0.9 mg
Iodine	20 µg		10 µg
Magnesium	26 mg		13 mg
Manganese	0.36 mg		0.18 mg
Molybdenum	17 µg		8.5 µg
Phosphorus	110 mg		55 mg
Selenium	8.8 µg		4.4 µg
Copper	200 µg		100 µg
Chloride	120 mg		60 mg

Nutrient	Average Quantity per Serving	%DI* per Serving	Average Quantity per 100ml
Potassium	190 mg		96 mg
Chromium	14 µg		7 µg

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