

NOVASOURCE® GI Forte

nestlehealthconnect.com.au/products/novasource-gi-forte



NOVASOURCE® GI Forte

SIZE: 1000ml RTH Bottles (Carton contains 9 x 1000ml RTH Bottles)

Available in 1 flavour - Neutral

NOVASOURCE® GI Forte is a high-calorie, high protein liquid specifically formulated with partially hydrolysed guar gum (PHGG) for the management of patients with enteral nutrition associated diarrhea. Suitable for tube feed or oral use and provides 1.55 kcal/ml. Must use under medical supervision. Suitable for use as the sole source of nutrition. Suitable from 3 years onwards. Do not add food or drugs.

Recommended Dietary Intake*: Meets 100% of RDI for 25 key micronutrients in 1400ml.

*Specific volumes based on adult male 31-50 years old. Taken from 'Nutrient Reference Values for Australia and New Zealand 2005'.

NOVASOURCE® GI Forte is a food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

Energy Density = 1.55 kcal/ml = 6.5 kJ/ml Protein = 16% (Milk protein caseinates) Carbohydrate = 47% Fat = 34% Dietary Fibre (100% partially hydrolysed guar gum (PHGG)) = 22g per 1000ml Osmolality = 510 mOsm/kg water Osmolarity = 389 mOsm/L Water Content = 760ml/1000ml

- Suitable for Vegetarians
- Nutritionally Complete
- Contains Dairy
- Halal Certified
- No Gluten Containing Ingredients

Clinical Indications

- Management of enteral nutrition associated diarrhea.
- Oral/tube feed for the dietary management of gastrointestinal disease related malnutrition and other medical conditions with increased nutritional needs that cannot be met through diet modification alone.

SHAKE WELL BEFORE USE

Unopened, store in a cool dry place. Avoid excessive heat.

If spiked, use within 24 hours. Unused portion can be recapped, refrigerated and used within 24 hours of opening. If poured out of the pack, cover tightly and use within 6 hours.

RECOMMENDED DAILY DOSAGE: 1000-1500ml for complete nutrition or as recommended by a healthcare professional.

Storage: Unopened, store in a cool dry place. Avoid excessive heat.

Ingredients

NOVASOURCE® GI Forte: Water, maltodextrin, milk proteins, vegetable oils (rapeseed, sunflower), partially hydrolysed guar gum (PHGG), medium chain triglycerides, minerals (sodium chloride, tripotassium phosphate, trisodium citrate, potassium chloride, potassium citrate, magnesium citrate, magnesium oxide, potassium dihydrogen phosphate, tricalcium phosphate, ferrous lactate, zinc sulphate, copper gluconate, manganese sulphate, sodium fluoride, sodium selenite, sodium molybdate, chromium

chloride, potassium iodide), emulsifiers (E472c, E471), choline bitartrate, vitamins (C, E, niacin, pantothenic acid, B6, B1, B2, beta-carotene, A, folic acid, D, B12, K, biotin), stabiliser (carrageenan), antioxidant (E304). Contains Milk.

Nutrition Information

NOVASOURCE® GI Forte		
Servings Per Pack: 1 Serving Size: 1000ml (Per Smartflex bottle)	Average Quantity per Serving	Average Quantity per 100ml
Energy	6490 kJ	649 kJ
	1550 Cal	155 Cal
Protein	60.0 g	6 g
Fat-total	59.0 g	5.9 g
- Saturated	19 g	1.9 g
- Polyunsaturated	11.0 g	1.1 g
- Omega-3	1.7 g	0.17 g
- Monounsaturated	25.0 g	2.5 g
- MCT- Medium Chain Triglyceride	14 g	1.4 g
Carbohydrate	183 g	18.3 g
- Sugars	16.0 g	1.6 g
- lactose	<0.50 g	<0.05 g
Dietary Fibre	22.0 g	2.2 g
- Soluble	22.0 g	2.2 g
Sodium	1200 mg	120 mg
Vitamin A	1600 µgRE	160 µgRE
Vitamin B1(Thiamin)	2.2 mg	0.22 mg
Vitamin B2(Riboflavin)	2.6 mg	0.26 mg
Niacin	30.0 mgNE	3 mgNE
Folate	450 µg	45 µg
Vitamin B6	2.7 mg	0.27 mg
Vitamin B12	5.8 µg	0.58 µg
Biotin	70.0 µg	7 µg
Pantothenic Acid	9.2 mg	0.92 mg
Vitamin C	160 mg	16 mg
Vitamin D	22.0 µg	2.2 µg
Vitamin E	29.0 mg	2.9 mg
Vitamin K	110 µg	11 µg
Zinc	18.0 mg	1.8 mg
Calcium	800 mg	80 mg
Iron	16.0 mg	1.6 mg
Iodine	280 µg	28 µg
Magnesium	300 mg	30 mg
Manganese	3.6 mg	0.36 mg
Molybdenum	200 µg	20 µg
Phosphorus	750 mg	75 mg
Selenium	100.0 µg	10 µg
Copper	2400 µg	240 µg
Chloride	1500 mg	150 mg
Potassium	1350 mg	135 mg
Chromium	150 µg	15 µg

NOVASOURCE® GI Forte		
Servings Per Pack: 1 Serving Size: 1000ml (Per Smartflex bottle)	Average Quantity per Serving	Average Quantity per 100ml
Fluoride	1.6 mg	0.16 mg
Choline	570 mg	57 mg
Note: Every effort is made to ensure all product information is accurate at the time of publication. The most current information can always be obtained by referring to the package label.		

All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland and used under license.
©2025 Nestlé.