

arginaid[®]

Clinically proven to support wound care



Understanding wound healing

Wound healing is how our bodies fix cuts, scrapes or other injuries. When you get a wound, your body starts working right away to heal it. Healing wounds quickly is important because it helps prevent infection, reduces pain, and allows you to get back to your normal activities sooner.

Eating well during wound healing is essential for your body to provide the nutrients needed to produce new skin and heal.

Why is nutrition important?

Without adequate nutrition, healing of wounds may be delayed, or they may not heal at all.

Wounds that need more nutrition:

- Large wounds
- Multiple wounds
- Wounds with a lot of fluid or discharge
- Infected wounds
- Slow healing wounds (greater than 4-6 weeks).



What nutrients support wound healing?



Protein is made of amino acids and essential for repairing wounds and building muscles, tissues, and skin. **Arginine** is an amino acid that helps increase blood flow to the wound to support healing.



Micronutrients also play a role in wound healing including **Vitamins A, C, and E**, as well as minerals like **Zinc** and **Iron**. These nutrients work together to support recovery.

How can ARGINAID help?

ARGINAID is a nutritional supplement containing Arginine, Vitamin C and E to assist with wound management.¹

Consuming 2 serves of ARGINAID daily until the wound was completely healed has been shown to significantly improve wound care.



2x

faster wound management shown with 2 serves a day in well-nourished patients¹

ARGINAID is clinically proven to support wound care¹

One serving of ARGINAID provides:



4.5g Arginine*



Antioxidants (Vitamin C & E)



30 calories*



No gluten-containing ingredients



Available in 2 flavours: Orange Flavour and Lemon Flavour. Mixes easily with water.

For more information call 1800 671 628 or visit www.nestlehealthscience.com.au

*Average quantity per serve.

Reference: 1. Brewer, S. et al. Journal of Wound Care. 2010, 19(7):311-316.

ARGINAID® is a food for special medical purposes specifically formulated with L-Arginine for the nutritional management of wounds. Must be used under medical supervision. Not suitable for use as a sole source of nutrition. Contains Phenylalanine.

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For more information call **1800 671 628** or visit www.nestlehealthscience.com.au

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