

glycosade®

ACBS GMS PBS

Description

Food for special medical purposes.

Glycosade® lemon is a lemon flavoured hydrothermally processed high amylopectin waxy maize starch. With added sweetener.

Indications

Glycosade lemon is for the dietary management of glycogen storage disease (GSD) where the use of a long acting starch is indicated. Suitable from 3 years of age.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and metabolic response of the patient. A fasting Glycosade load is recommended.

Preparation Guidelines

To be determined by the clinician or dietitian. Glycosade lemon can be either taken as a drink or added to food.

Glycosade lemon taken as a drink:



1.

Measure the required amount of liquid into a beaker with a lid.



2.

Add the required amount of Glycosade lemon to the beaker. Typically a sachet of Glycosade can be added to 100ml of cold water or other suitable fluids.



3.

Secure lid and shake until the powder is dissolved.



4.

Glycosade lemon is now ready to use. The product should be freshly prepared and consumed immediately.

Glycosade taken with food:



1.

Add the required amount of Glycosade lemon to 150-200ml of suitable yoghurt or cold custard/ rice pudding.



2.

Stir well until smooth with a fork or a small whisk.



3.

Eat Glycosade lemon straight away.

Glycosade may also be given through a feeding tube. Administer as a bolus to prevent possible tube blockage.

Do not heat or warm Glycosade lemon as this destroys the properties of the starch.

IMPORTANT NOTICE

Must only be used in individuals with proven hepatic GSD, where the use of a long-acting starch is indicated, under strict medical supervision.

Not for use as a sole source of nutrition.

Suitable from 3 years of age onwards.

For enteral use only.

Nutritional Information

		per 100g	per 60g sachet		per 100g	per 60g sachet	
Energy	kJ	1496	901	Minerals			
		kcal	352		212	Sodium	mg
Fat	g	0	0		mmol	<9.0	<5.0
		of which saturates	g	0	0		
Carbohydrate	g	88	53	Osmolality:			
		of which sugars	g	0	0	Osmolality (1 x 60g sachet +100ml water):	
Protein	g	0	0	40mOsm/kg			
Salt	g	<0.5	<0.3				

Storage

Store in a cool dry place.

Ideally sachets should be used immediately after opening.

Any unused powder in an open sachet should be kept in an airtight container and used within 24 hours.

Pack size/Weight

30 x 60g sachets = 1.8kg

