

Fruiti Vits™

ACBS GMS PBS

Description

A food for special medical purposes.

FruitiVits™ is a low carbohydrate, powdered vitamin, mineral and trace element supplement. With sweeteners.

Indications

FruitiVits is for use in the dietary management of conditions requiring restricted therapeutic diets from 3 to 10 years of age.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines

Dissolve each sachet of FruitiVits into a minimum of 60ml water / permitted fluid.



1 Pour a minimum of 60mls of water into the beaker.



2 Add the contents of the sachet. Secure lid and shake well for 10 seconds.



3 Consume immediately.

IMPORTANT NOTICE

Must only be used under strict medical supervision.

Suitable from 3 to 10 years of age.

Not for use as a sole source of nutrition.

For enteral use only.

Nutritional Information

		per 100g	per 6g sachet		per 100g	per 6g sachet	
Energy	kJ	170	10	Sodium	mg	78	4.7
	kcal	41	2		mmol	3.4	0.2
Fat	g	0.08	0.00	Chloride	mg	0	0
	of which saturates	g	0		mmol	0	0
Carbohydrate	g	8.3	0.5	Potassium	mg	67	4.0
	of which sugars	g	0.4		mmol	1.7	0.1
Fibre	g	3.3	0.2	Calcium	mg	13400	804
Protein	g	0	0	mmol	335	20	
Salt	g	0.20	0.01	Phosphorus	mg	8367	502
				mmol	268	16	
Vitamins and minerals							
Vitamin A (RE)	µg	8333	500	Magnesium	mg	3350	201
Vitamin D	µg	250	15	mmol	137	8.2	
Vitamin E (αTE)	mg	155	9.3	Iron	mg	167	10
Vitamin K	µg	1000	60	Zinc	mg	167	10
Vitamin C	mg	667	40	Copper	mg	16.7	1.0
Thiamin	mg	20	1.2	Iodine	µg	2817	169
Riboflavin	mg	23.3	1.4	Selenium	µg	683	41
Vitamin B6	mg	28.3	1.7	Manganese	mg	25	1.5
Niacin	mg	250	15	Chromium	µg	683	41
Folic acid	µg	4000	240	Molybdenum	µg	1133	68
Vitamin B12	µg	46.7	2.8	Choline	mg	4167	250
Pantothenic acid	mg	78.3	4.7				
Biotin	µg	1867	112				
				Osmolality:			
				1 sachet (6g) + 60ml water = 275mOsm/Kg			

Storage

Store in a cool, dry place.

Sachets are designed for single use and should be used immediately once opened.

If a smaller amount is required any unused powder in an open sachet should be stored in an airtight container or resealed with a clipper and used within 24 hours.

Pack Size/Weight

30 x 6g e sachets = 180g

Flavour

Orange.

